

DISCOVER

People. Ideas. Things.



SOFT TACK

Gone are the days when serious non-drinkers and sober-curious experimenters need endure sickly sweet mocktails or put up with dealcoholised wines that taste like grape juice left in the sun too long. Locally produced Abstinence is an artisanal, distilled booze-free spirit produced in much the same way as gin. The palate is rewarded with a range of flavours – sophisticated and complex – that are extracted from various blends of Cape botanicals by a process of maceration and infusion. Three variants are available: Cape Citrus, Cape Spice, and Cape Fynbos which is the latest creation and has a blend of rose geranium, juniper berries, angelica root and coriander producing slightly bitter, herbal notes reminiscent of gin. It's fairly subtle and you can drink it with tonic water for a G & T effect, or on the rocks with lemon. ■

Words: Keith Bain, Picture: Supplied

So you want to be a wine farmer? **37** Geek out on novelty **41** Page turners **51**