

Editor's Choice



Above All Else

Since 1887, House of D'Orsay has been crafting award-winning Cognacs of exceptional quality and character for the royal houses of Europe. Now, more than 100 years on, House of D'Orsay has created Honor VS Cognac, a bold new expression of Cognac craftsmanship. It was inspired by the sword of Durendal which, according to folklore, was given to King Charlemagne by the angel of God. Master Blender Kim Birkedal Hartmann's vision to produce the finest VS and VSOP in the world has culminated in Honor VS Cognac, a blend of Grande Champagne, Fin Bois, and Bon Bois *eaux-de-vie*. The distinctive Honor Cognac blend is matured for several years in French Oak casks, resulting in a bold, full-bodied VS blend that has won every competition it has entered – including Best Cognac in the World at the 2018 Cognac Masters in London, and VS Cognac of the Year at the New York International Spirits Competition in 2017 and 2018.

WIN

Four lucky SLOW readers will each win an exclusive bottle of Honor VS Cognac worth R399 each. To enter, SMS the word **SLOW**, followed by the word **HONOR** and your **NAME** to 35131. SMSes are charged at R1.50. Free and bundled SMSes do not apply. Terms & Conditions apply. Competition closes 30 September 2018.



Summer Livin'

With Summer just around the corner, why not make some changes and prepare to transform your living space into a comfortable and trendy haven with furniture specialists, Mobelli Furniture + Living's perfectly curated furniture collections. "Building just the right indoor space can easily be achieved, but choosing the right pieces of furniture is absolutely necessary to create that co-ordinated look," says Mobelli co-founder, Alon Sachs. Sachs advises that homeowners focus on the top décor trends for 2018, which include: juxtaposing modern and retro furniture; mixing materials; warm, earthy colours; puffy and plump sofas; and contemporary, upholstered soft furnishings. Find these trends at the Mobelli Cape Town and Illovo, Johannesburg, showrooms with their curated concept rooms and "shop the look". For more information, visit www.mobelli.co.za.



This Rosé Rocks

Prepare your palate for a fabulous burst of Spring with the invigoratingly dry, light and flirty Steenberg Ruby Rosé – a rose-petal pink blend of Syrah (51 %) and Cinsault (49 %) that has hit high notes country-wide after walking away with the Double Gold at the Rosé Rocks 2017, SA's only dedicated rosé competition. Delivering subtle fragrances of boysenberry jelly, chilled watermelon sorbet, candy apples, red liquorice, ripe sweet melon, and fresh herbs on the nose, the wine is both full and creamy, whilst bursting with freshness and a zesty finish. The perfect drink for all happy occasions, Steenberg Ruby Rosé shows great depth and will linger deliciously on your palate. Retailing for just R86 at the cellar door, this sultry, award-winning wine can also be found at most wine shops country-wide. For more information, visit www.steenbergfarm.com.

WIN

One lucky SLOW reader will win a case of Steenberg Ruby Rosé, valued at R558. To enter, SMS the word **SLOW** followed by the word **RUBY** and your **NAME** to 35131. SMSes are charged at R1.50. Free and bundled SMSes do not apply. Terms & Conditions apply. Competition closes 30 September 2018.



Shape Up

Electro Muscle Stimulation (EMS) has recently gained traction as a tool to help athletes train harder in less time. Bodytec, the leaders in EMS training in South Africa, now offers EMS technology to anyone who wants to tone and feel their best, or get rid of extra weight. The Bodytec EMS device stimulates multiple muscle groups under the guidance of an experienced personal trainer, allowing for repeated activation of your eight major muscle groups individually (such as the lower back, stomach, biceps and glutes) according to your goals and needs, during only 20 minutes of training, once a week. By working with a professional Bodytec personal trainer, you're guided through a tailored exercise regime that will result in a visible difference with increased muscle formation and a reduction in body fat within six to eight weeks. Visit www.bodytec.co.za to book a trial session at any one of the 36 Bodytec franchises near you.



A Little Slice of Heaven

With panoramic views, state-of-the-art facilities, a fully equipped relaxation room and experienced staff, Heavenly Spa by Westin is the perfect place to take your spa experience to a new level. After being greeted with a smile, guests will be handed a spa-pack consisting of a soft, towline robe, a pair of slippers and a lovely cotton towel, and will be ushered into the changing area. Boasting lockers, rain showers, hair-styling facilities and bathrooms, the changing area is where you can change into your robe, pack your stuff away and start the relaxation process. Once you're ready, you can meander towards the relaxation room which looks out onto the Cape Town cityscape, and offers guests healthy snacks and detoxing beverages. The treatment rooms are filled with natural light, pale colours and very soft, tranquil music – it's exceptionally hard not to drift off to sleep while you're enjoying a wonderful massage. To book your one-way ticket to Relaxation Station, visit www.heavenlyspa.co.za.



Lifting the Ban on Gin

Following the exceptional success of their hand-crafted Italian drinks – Mazzatti Birra Superiore, Mionetto Prosecco and the revolutionary Malfy Italian Gin – premium drinks company, Truman & Orange, have done it again. Ahead of the curve yet again with their latest offering from the Vergnano family's traditional pot stills, Malfy Con Arancia is a gin that bursts with botanical flavour and a deep ruby red colour – produced by highly sought-after Sicilian blood orange peels, steeped in alcohol and pressed in a basket press. The infusion is then blended with Italian juniper, grapefruit peel, Amalfi Coast lemon peel, coriander, Cassia bark, Orris root and Angelica root before distillation. The result bursts with rich, bittersweet citrus, subtle juniper and a mouth-wateringly complex finish – yet another beautifully made drink from Truman & Orange for today's discerning drinkers. For more information, visit www.malfygin.com and www.trumanandorange.com.

WIN

Four lucky SLOW readers will each win a bottle of Malfy Con Arancia valued at R380 each. To enter, SMS the word **SLOW** followed by the word **MALFY** and your **NAME** to 35131. SMSes are charged at R1.50. Free and bundled SMSes do not apply. Terms & Conditions apply. Competition closes 30 September 2018.