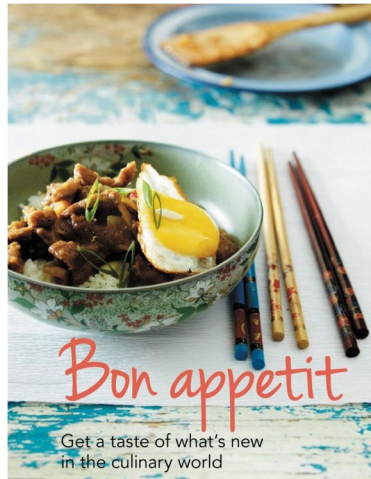


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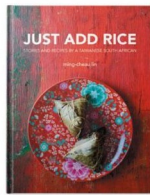
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Get a taste of what's new in the culinary world

TO TAI FOR

Just add rice, R375, Quivertree Publications, by Taiwanese South African Ming-Cheu Lin is a delightful exploration of East Asian and Chinese cuisine, with beautiful images by Craig Fraser. The flavourful dishes are easy to make and there's a handy list of pantry items that are available locally. Find the recipe for Teppan-style beef (pictured) at gardenandhome.co.za



COMPILED BY LYNN WOODWARD. PHOTOGRAPHS SUPPLIED. PRODUCTS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

Baker's CHOICE

Rosti's sought-after kitchenware is now available here. The Scandinavian designed products include baking equipment such as spatulas and measuring cups. The Margrethe bowl, from R399, is available from Yuppichef in a variety of sizes and on-trend colours. yuppichef.com



FOOD AND WINE



Earthy flavours

Calling all gluten intolerants, Happy Earth People offer two high protein, gluten-free 100% vegan pastas. The legume-based fusilli is available in Red Lentil and Chickpea. Find them at selected health food shops and happyearthpeople.com

Oil's WELL

Estate grown and locally produced, Olive Pride Extra Virgin Olive Oil, from R86.99, is cold pressed, rich in antioxidants and adds a delicious peppery edge to the simplest green salad. Drizzle over fish, chicken and vegetable dishes to add a luscious flavour. clover.co.za



ORANGE crush

Gin lovers will adore the ruby-coloured Malfy Con Arancia Gin, R380, from Italy. Bursting with aromas of orange blossom, it's made with Sicilian blood orange peels. Serve it on ice with tonic and a twist of orange, or add it to your favourite cocktail. Visit malfygin.com or trumanandorange.com

WHAT'S ON

1 SEPTEMBER Waterblommetjie Festival

This indigenous delicacy will be paired with wines from four participating local wineries at this Paarl festival. waterblommetjiefees.com

1 - 2 SEPTEMBER Bot River Spring Weekend

With activities for the whole family, there's food, wine, music and more hosted by local farms. Tickets, R100 per day, are available online at quicket.co.za. While there, head to Gabriëlskloof's Little Spring Market. Contact Melissa Nelsen at melissa@genevievemcc.co.za

15 - 16 SEPTEMBER Franschoek Uncorked Festival

Highlights include themed tastings, artisanal foods, live music and lawn games at participating farms. Tickets cost R150 pp. Pre-book your Uncorked Weekend Pass at webtickets.co.za, call the Franschoek Wine Valley on 021 876 2861, or visit franschoekuncorked.co.za